What is St. Louis ReCAST?

A 5-year, $4.7M grant awarded by the Substance Abuse and Mental Health Administration (SAMHSA) to fund projects for community well-being in the following areas:

- Violence Prevention
- Youth Engagement
- Mental Health
- Peer Support, and
- Trauma-Informed Care

**Project Goals:**
- Create community change through a community-based participatory approach
- Build a foundation to promote well-being, resiliency, and community healing
- Improve access to trauma-informed community behavioral health resources and youth peer support

**Highlights:**
- Meet the needs of high risk-youth and families
- Gather community input from residents and community leaders
Community Partners

Lead Organizations:
• Saint Louis County Department of Public Health
• St. Louis City Department of Health
• Saint Louis Mental Health Board

Partners:
• Alive and Well - St. Louis Regional Health Commission
• Behavioral Health Network of Greater St. Louis
• Children’s Advocacy Services of Greater St. Louis (University of Missouri – St. Louis)
• City of Dellwood
• City of Ferguson
• Community Forward, Inc.
• For The Sake of All (Washington University)
• Forward Through Ferguson
• Metro Transit
• Missouri Department of Mental Health
• Ready by 21 St. Louis
• St. Louis Area Violence Prevention Collaborative
• Saint Louis County Executive
• St. Louis County Police Department
• St. Louis Integrated Health Network
• St. Louis Metropolitan Police Department
• The St. Louis Promise Zone (St. Louis Economic Development Partnership)
• Saint Louis Public Schools
Target Audience - Residents within the Promise Zone...

- The Promise Zone target area is one of only 22 federally designated Promise Zones in the United States. It encompasses:
  - St. Louis City Wards: 1-5, 18-19, 21-22, 26-27

St. Louis County including the communities of:

- Bellerive Acres
- Bel-Nor
- Bel-Ridge
- Berkeley
- Beverley Hills
- Cool Valley
- County Club Hills
- Dellwood
- Ferguson
- Flordell Hills
- Glen Echo Park
- Greendale
- Hazelwood
- Hillsdale
- Jennings
- Kinloch
- Moline Acres
- Normandy
- Northwoods
- Pagedale
- Pine Lawn
- Riverview
- University City
- Uplands Park
- Velda City
- Velda Village
- Hills
- Wellston

The estimated population of the St. Louis Promise Zone (see above) is 199,792
Delegate Selection
Community Delegates (community members within the Promise Zone) will be chosen to lead community project proposals. Delegates will receive training and guidance regarding participatory budgeting.

Delegate Meetings
For approximately four weeks, meetings will be held for community delegates to brainstorm and discuss project ideas.

Scope of Work Creation
Community Delegates along with the ReCAST Core Advisory Board will create and design a Scope of Work for the intended projects. Information is to include: budget, service deliverables, target audience, number of people to be served, evaluation metrics, etc.

RFP Development
Scopes of work for each project proposal will be converted to professional RFPs by DPH staff.

Bidding
Bids will be gathered from contractors that are able to fulfill proposal service requirements.

Community Voting
At a community meeting, residents within the Promise Zone will vote to determine which contractors are best suited to fulfill each scope of work. Winners will be awarded contracts for one year.

Implementation
Funds are distributed and project start-up begins.

Evaluation
There will be an evaluation conducted by DPH staff, Patient Research Advisory Board members, and The St. Louis ReCAST Core Advisory Board to determine the success of each contract.
Trainings provided to ReCAST Delegates

- Facilitative Leadership
- Trauma Awareness – Alive and Well
- Racial Equity
- Request for Proposal Evaluation
- Community Outreach

Requirements for participation:
- 11 years of age or older
- Promise Zone resident

**Transit passes and childcare provided**
Community Voting

When: May 2018

Where: Several locations within the Promise Zone

How it works:
- Promise Zone resident participation; read abstracts
- 11 years of age or older
- Do NOT have to be a registered voter
- Cast 1 vote!
Year 1 Awardees

CHADS Coalition for Mental Health

employment connection

C'MIPS Health and Wellness Center

ST. LOUIS ARTWORKS

ReCAST Projects for Community Well-Being
RFP Focus: Mental Health

- Received 8 RFPs
- Voted on 3 abstracts
- CHADS Coalition
  - Social and Emotional Well Being Program (reduces bullying)
  - Signs of Suicide (mental health education)
  - Family Support (counseling for kids and families)
RFP Focus: Peer Support

- Received 5 RFPs
- Voted on 3 abstracts
- Community Health in Partnership Services (CHIPS) received most votes
  - After School Workshops and Youth Leadership Development – Club CHIPS
  - Peer health educators perform plays at area elementary, middle and high schools about dealing with life challenges
  - Bi-monthly support groups (15 people) and free counseling and psychiatric services for 50 individuals
RFP Focus: Youth Engagement

• Received 19 RFPs
• Voted on 8 abstracts
• St. Louis Artworks received the most votes
  • 80 paid internships to youth 14-19 who reside in the Promise Zone
  • Apprentice in specific art discipline
  • Job readiness skill building
  • Creative thinking for problem solving capabilities
RFP Focus: Violence Prevention

• Received 4 RFPs
• Voted on 1 abstract

• Employee Connection
  • Connect 90 high-risk offenders ages 18-26 years to reentry services

• Soft skills Preparation Training
  • Job Placement and case management
  • Cognitive therapy for ex-offenders
  • High School Equivalency /Adult Literacy
  • Supportive services
Next Steps

• Continue to create an awareness about St. Louis ReCAST
  • Conduct Stakeholder Briefings, Coalition of Stakeholder and Elected Officials Meetings
  • Review and evaluate proposals (Both community members and DPH staff)

• Award mini grants ($25,000 or less)
• Conflict of Interest
Coalition of Stakeholders

• A space for organizations/individuals interested in ReCAST; may be seeking funding or collaborations with organizations working in the same space

• Coalition Of Stakeholders Quarterly Meetings:
  • Violence Prevention Focus: May 29 at Employment Connection
  • Mental Health Focus: August 29 at TBD
  • Peer Support Focus: November 29 at TBD
# Participatory Budgeting 2018 Calendar

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<th>Weeks</th>
<th>February</th>
<th>April</th>
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<tbody>
<tr>
<td>1st Week</td>
<td>RFP Development</td>
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<td>RFP Scoring – CAB</td>
<td>Develop Contracts</td>
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<td>Community Outreach</td>
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<td>2nd Week</td>
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<td>RFP Scoring – CAB</td>
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<td>Community Outreach</td>
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<td>3rd Week</td>
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<td>RFP Scoring – Proposal Reviewers</td>
<td>Contract Review</td>
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<td>Community Outreach</td>
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<td>4th Week</td>
<td>(24) Community Outreach</td>
<td>Evaluation Training for Proposal Reviewers</td>
<td>RFP Scoring – Proposal Reviewers</td>
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<td>Community Outreach</td>
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<td>5th Week</td>
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<td>COMMUNITY VOTING</td>
<td>Issue Contracts</td>
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Participatory Budgeting in Action…
St. Louis ReCAST Accomplishments in Community

- Efficiently implemented participatory budgeting
- Successfully recruited 132 Community Delegates (Promise Zone residents) to date

Delegates worked in groups to develop Scopes of Work for 4 funding priorities (mental health, peer support, violence prevention, and youth engagement)
Scopes of work included:
  - Service deliverables, budget, target audience, timeline

- Incorporated entire Promise Zone voice through Community Voting
  - Youth and High risk families
- Provided $5K sponsorship to Metro Theatre to put on plays for 5 Promise Zone Schools

- Engaged: Elected officials, schools, faith based organizations, grass roots organizations, YOUTH
Participatory Budgeting in Action…

St. Louis ReCAST Process/Organizational Accomplishments

• Formed successful community partnerships and collaborations (Non competitive):
  • Establishment of the Core Advisory Board:
    • 15 organizations working together, strategic planning team for ReCAST
  • Establishment of the Coalition of Stakeholders
    • Engagement of systems, organizations, and community members

• Issuance of 4 Request for Proposals (RFPs) incorporating Community Voice

• Evaluation of proposals by DPH staff AND Community Delegates

• Community Voting which determined which proposals were funded (Has never happened on an organizational level in St. Louis)

• Partnerships with Patient Research Advisory Board – Washington University in St. Louis
  • Awarded $25K to provide evaluation and guide community engagement process design of ReCAST

• Children’s Advocacy Center of Greater St. Louis – UMSL
  • Awarded $75K to provide trauma informed care services to Promise Zone residents and work staff

• Organizations are seeking to model the ReCAST PB process; several have agreed to match funding dollars to award additional community projects
Keep Connected

• Facebook: facebook.com/ReCASTSTL

• Twitter: @ReCASTSTL

• Website: www.ReCAST-STL.org
QUESTIONS?